



*Prairie Pathfinders*  
**Walking Club**

**2011**  
MEMBERS SCHEDULE  
WEEKLY WALKS

*Apr - Sept Club Walks every Monday 10am & Tuesday 6:30pm*

**APRIL**

- Norwood Flats**  
meet @ The Forks Market in the atrium  
Apr 4 Mon 10am  
Apr 5 Tues 6:30pm
- Harte Trail**  
meet @ Varsity View Sportsplex / 4230 Ridgewood Ave (near Haney)  
Apr 11 Mon 10am  
Apr 12 Tues 6:30pm
- Old St Boniface**  
meet in Whittier Park / on Rue Saint Joseph  
Apr 18 Mon 10am  
Apr 19 Tues 6:30pm
- Wolseley / Wellington Crescent**  
meet in Omand Park @ Wolseley Ave & Raglan Rd (street parking)  
Apr 25 Mon 10am  
Apr 26 Tues 6:30pm

**MAY**

- Bishop Grandin Greenway West**  
meet in St Vital Park, parking lot next to Duck Pond  
May 2 Mon 10am  
May 3 Tues 6:30pm
- Bruce Park Neighbourhood & Leo Mol Sculpture Garden Walk**  
meet @ Duck Pond in Assiniboine Park  
May 9 Mon 10am  
May 10 Tues 6:30pm
- Southboine Neighbourhood**  
meet at Caron Park at the end of Musgrove (Charleswood)  
May 16 Mon 10am  
May 17 Tues 6:30pm
- Meet @ The Forks Market in the atrium **Route TBA**  
May 23 Mon 10am  
May 24 Tues 6:30pm
- Bois-des-esprits**  
meet @ Dakota CC, 1188 Dakota St  
May 30 Mon 10am  
May 31 Tues 6:30pm

**JUNE**

- No Mon / Tues walks this week  
Jne 6 Mon  
Jne 7 Tues
- Wildwood Park / Crescent Drive**  
meet in Crescent Drive Park main parking lot  
Jne 13 Mon 10am  
Jne 14 Tues 6:30pm
- Bunn's Creek**  
meet in Bunn's Creek Centennial Park off Mclvor Ave (North Kildonan)  
Jne 20 Mon 10am  
Jne 21 Tues 6:30pm
- St Norbert**  
meet @ St Norbert CC, 3450 Pembina Hwy  
Jne 27 Mon 10am  
Jne 28 Tues 6:30pm

**JULY**

- Churchill Parkway South**  
meet @ the Elm Park Foot Bridge & park on Kingston Cres near Riverdale (street parking)  
July 4 Mon 10am  
July 5 Tues 6:30pm
- Sturgeon Creek Parkway**  
meet @ south end of Woodbridge Rd in St James (street parking)  
July 11 Mon 10am  
July 12 Tues 6:30pm
- Scotia Street**  
meet in Kildonan Park, Pavilion parking lot  
July 18 Mon 10am  
July 19 Tues 6:30pm
- Central St Boniface**  
meet @ The Forks Market in the atrium  
July 25 Mon 10am  
July 26 Tues 6:30pm

**AUGUST**

- Wolseley / Wellington Crescent**  
meet in Omand Park @ Wolseley Ave & Raglan Rd (street parking)  
Aug 1 Mon 10am  
Aug 2 Tues 6:30pm
- Assiniboine Forest**  
meet in parking lot off Grant Ave at Chalfont  
Aug 8 Mon 10am  
Aug 9 Tues 6:30pm
- Churchill Parkway North**  
meet @ The Forks Market in the atrium  
Aug 15 Mon 10am  
Aug 16 Tues 6:30pm
- Old St Boniface**  
meet in Whittier Park / on Rue Saint Joseph  
Aug 22 Mon 10am  
Aug 23 Tues 6:30pm
- Beaudry Provincial Park**, Off Roblin Blvd  
meet in main parking lot  
Aug 29 Mon 10am  
Aug 30 Tues 6:30pm

**SEPTEMBER**

- Bois-des-esprits**  
meet @ Dakota CC, 1188 Dakota St  
Sept 5 Mon 10am  
Sept 6 Tues 6:30pm
- Point Douglas**  
meet @ The Forks Market in the atrium  
Sept 12 Mon 10am  
Sept 13 Tues 6:30pm
- RAE TRAIL HIKE** (see reverse)  
SUNDAY Sept 11
- Harte Trail**  
meet @ Varsity View Sportsplex / 4230 Ridgewood Ave (near Haney)  
Sept 19 Mon 10am  
Sept 20 Tues 6:30pm
- Bruce Park Neighbourhood & English Garden Walk**  
meet @ Duck Pond in Assiniboine Park  
Sept 26 Mon 10am  
Sept 27 Tues 6:30pm

**Walking Club MEMBERSHIP**

A yearly membership costs \$25. and your membership period runs one year from date of payment. Non-members are welcome to try out the club before buying a membership.

774-0190 (message machine)

*Oct - Dec Club Walks every Monday & Tuesday 10am*

**OCTOBER**

- Wolseley / Wellington Crescent** Oct 3 Mon 10am  
meet in Omand Park @ Wolseley Ave & Raglan Rd (street parking) Oct 4 Tues 10am
- Old St Boniface** Oct 10 Mon 10am  
meet in Whittier Park / on Rue Saint Joseph Oct 11 Tues 10am
- Assiniboine Forest** Oct 17 Mon 10am  
meet in parking lot off Grant Ave at Chalfont Oct 18 Tues 10am
- Bruce Park Neighbourhood & Leo Mol Sculpture Garden Walk** Oct 24 Mon 10am  
meet @ Duck Pond in Assiniboine Park Oct 25 Tues 10am

**NOVEMBER**

- Meet @ The Forks Market in the atrium **Route TBA** Oct 31 Mon 10am  
Nov 1 Tues 10am
- Meet @ The Forks Market in the atrium **Route TBA** Nov 7 Mon 10am  
Nov 8 Tues 10am
- Meet @ The Forks Market in the atrium **Route TBA** Nov 14 Mon 10am  
Nov 15 Tues 10am
- Meet @ The Forks Market in the atrium **Route TBA** Nov 21 Mon 10am  
Nov 22 Tues 10am
- Meet @ The Forks Market in the atrium **Route TBA** Nov 28 Mon 10am  
Nov 29 Tues 10am

**DECEMBER**

- Meet @ The Forks Market in the atrium **Route TBA** Dec 5 Mon 10am  
Dec 6 Tues 10am
- Club Member Christmas Lunch & Hike meet @ The Forks Market in the atrium **Register online or telephone 774-0190** Dec 12 Mon 10:30 am
- Christmas Lights Walk to the Taylor's in Charleswood TBA

**RAE TRAIL HIKE & FALL SUPPER**



**SUNDAY Sept 11 - 10:00 am**

See **HIKING THE HEARTLAND** page 154. Our route follows a sandy cart track through forest and open rolling meadows. We'll stop for a rest at the '100 Steps' picnic destination - a dramatic sand cliff overlooking the Assiniboine River valley. This hike is gorgeous in September and we follow it up with what is probably Manitoba's most excellent fall supper. Cost is \$10. at the door. REGISTER ONLINE BEFORE SEPT 10th

14 km

**SUNDAY Oct 30 - 1:30 pm**



Our 6th annual **EMERSON HIKE & FALL SUPPER**

This hike circles through the pretty town of Emerson & along the banks of the Red River to historic Fort Dufferin. Meet at the Community Hall at 101 Church St in Emerson. The fall supper dinner is at 4:30 pm. (Approx cost \$12. / Pay at the door)

8.5 km

REGISTER ONLINE BEFORE OCT 29th

**the club**

We walk in different parts of the city twice a week from April to December. Most of these walks are from our book **Winnipeg Walks** and all are from 5 to 7 km in length. Our hikes usually last from 70 to 90 minutes. That's walking at an average speed of 5+ km per hour which is a fairly brisk pace - so you need to be moderately fit in order to 'keep up'.

This schedule is mailed out to all club members once a year. As well, all hikes are posted on our website. We appreciate your participation and look forward to walking with you. Please wear your lanyard and name tag to all club events.

**new in 2011**

In addition to our regular Monday and Tuesday hikes, we'll be adding a number of bonus hikes - some on weekends and some on weekday evenings. These will be added throughout the season and posted on our Prairie Pathfinder **MEETUP** site. It's a real plus for us to be able to add club hikes on an ongoing basis, we expect this to enhance our 2011 season and we hope you think so too.

Find the **MEETUP** link on our website -



774-0190 (message machine)